

Local Counseling Referrals for Eastern Nazarene College 2023-2024

Aster Mental Health
www.Astermentalhealth.com
T. 617.299.2238
Telehealth and in person
Psychiatry and Therapy
Insurance: BCBS, Optum, Allways, HP, UHC

Lifestance
www.lifestance.com
T. 781.551.0999
Telehealth and in person
Psychiatry, Therapy, Testing
Multiple Locations
Insurance: Most, Cigna

Boston Neurobehavioral Associates
www.bostonneurobehavioral.com
T. 508.979.5557
Telehealth only
Psychiatry, Therapy, Testing
Multiple Locations
Insurance: Most, Cigna

Quincy Recovery Connection Center
Youth & Young Adult Support Group
www.southeastrlc.org/quincy
T. 857.264.0665 (call or text)

Walden Behavioral Care
www.waldeneatingdisorders.com
T. 888.305.2997
MA, CT, GA
In person and Virtual Spaces
Insurance: Have to call

Aspire Health Alliance
www.apsirehealthalliance.org
T. 617.847.1914 (intake department)
Insurance: Multiple, Cigna Behavioral Health

Arbour Counseling Services
www.arbourhealth.com
T. 855.575.2273
Multiple Locations
Insurance:

Fenway Health
www.Fenwayhealth.org
T. 617.927.6000
Multiple Locations
Telehealth and In person
Insurance: Multiple
Rev. Laura Delaplain, Ph.D.
Quincy and Hanover offices
T. 781.871.2051
Telehealth and In person
Insurance: multiple, Cigna

Mr. Tim Lanham, LICSW
Blue Hills Counseling, Braintree, MA
T. 781.794.2300
Telehealth and In person
Insurance: Multiple, Cigna

Mr. Paul Leite, LMHC
Brockton, MA
T. 508.494.3333

Ms. Anke Thorne, LMHC
Quincy and Hanover Offices
617-314-3495

Mr. Brad Thorne, LMHC
Quincy
781-826-0011 ext. 229

Olivia DiVirgilio, LICSW
North Shore Constructive Counseling
www.northshoreconstructivecounseling.com
T. 978-243-0405
Telehealth
Insurance: Aetna, Harvard Pilgrim, Optum and UHC, Private Pay

David Kapolis, LMHC
Woburn, MA 01801
T. 857-392-3422
Telehealth
Insurance: Cigna, Aetna, HP, UHC, Sliding Scale/Private Pay
*ENC Alumni, on psychology today

KF Counseling
South Easton, MA
Telehealth
T. 508.565.8818
Website: <https://www.kfcounseling.org/>
Insurance: BC/BS, Optum, UHC

Melissa Rosenberger, L.C.S.W.
Licensed Clinical Social Worker
Launch Psychological Associates
22 Woburn St. #34
Reading, MA 01867
(781) 896-1796
Website: [Contact - LAUNCH PSYCHOTHERAPY ASSOCIATES](#)
Insurance: out of network
**ENC alumna

New Directions Counseling
Interfaith Social Services Quincy
Quincy, MA
T. 617.773.6203 x12
Website: [Counseling - Interfaith Social Services](#)
Insurance: Most, Sliding Scale pending income and what person can afford

Psychiatry

Reflections Counseling Center
40 Willard Street, Quincy
Telehealth
T. 617.682.0411
E. info@rcboston.com
Insurance: BSBS, HP, UHC, Always, SelfPay

Ellen Ochs, APRN
101 Adams Street, Suite 21
T. 617.500.6072
Insurance: BCBS, Cigna and Evernorth, Medicare, Most PPO

Village Medical
418 Quincy Ave (in the Walgreens)
Inperson and Telehealth
*Request appointment for therapy
T. 617.928.8200
www.villagemedical.com
Insurance: Most, Mass Health, Cigna

Alverdia Health
Dr. Catline Jacques and Dr. Amal Kimawi
859 Willard Street, Quincy
Telehealth
T. 617.300.0728
W. www.alverdiahealth.lifeh
E. info@alverdiahealth.com
[PreScreen Form:](#)
<https://intakeq.com/new/sd8acg/TM4h1a>
Insurance: Multiple, Cigna PPO

Northeast Center for Youth and Family
East Hampton, MA
Telehealth
T. 800.360.6210
W. www.ncyf.org
Insurance: MassHealth

RE-RE Dawley, NP
Sweeney & Dawley Recovery Center, LLC
409 Pond Street, Ste. 9
Braintree, Ma
T. 781.268.2638
W. <https://sdrecoverycenter.com/>
Insurance: Cigna, BC/BS, HP *No MassHealth

Boston Behavioral Associates
Lexington, MA
T. 781.218.9550
W. www.psychboston.com
Insurance: BS/BS, Tufts, Aetna, UHC, HP, Always

Boston Psychological Testing Associates
N. Reading
*In person but can do some information via telehealth
T. 781.287.8676
W. www.bostonpsychtesting.com
Insurance: Mass Health, Other

Arbor Counseling
Multiple Locations
In person and Telehealth
W. [Contact - Arbour Counseling \(arbourhealth.com\)](#)
Insurance: Mass Health
*Norwell location, intake coordinator "Tanya"
781.871.6550

