

Counseling Services with The Brickley Center

Counseling Services is a confidential resource available to all students at Eastern Nazarene College

Services Offered

- Hybrid model of treatment consisting of both in-person and telehealth appointments
- Individual one-on-one counseling
- Referrals to and case management with off campus services as appropriate
- Outreach programming
- Trainings
- Urgent appointments for students in crisis

Fees

Undergraduate, Graduate, and Adult Studies Students

- Counseling sessions are free for all students' undergraduate students currently enrolled in at least 8 credits if they are in undergraduate studies. Sessions are free for graduate and adult studies students enrolled in their programs requirements.

Contact Information

| Counseling Services Staff | Contact Information | Location and Hours |
|---|---|---|
| Katie Crawford, MSW, LICSW Director of Counseling Services | T. 617.745.3892 | The Brickley Center 104 Willow Street (right behind the library!) Appointments are available Monday – Thursday 9:00 am – 4:00 pm Friday: 9:00 am – 3:00 pm |
| Jannett Liburd, MSW, LCSW Per Diem Clinician | F. 617.745.3928 | |
| Amy Nielson Administrative Assistant | E. counselingservices@enc.edu | |

Appointments

Please call us at 617.745.3892 to schedule an appointment or stop in at the Brickley Center.

After Hours Support

For more information on The Brickley Center, follow us on



at [enc.brickleycenter](https://www.instagram.com/enc.brickleycenter)

For emergencies as well as after-hours urgent needs when on campus, please call Campus Safety & Security at 617.745.3911

For emergencies as well as after-hours urgent needs when off campus, please call 911 or go to your local emergency room.

Local 24/7 Mental Health Crisis Support through Aspire Health is available to ENC students. Please call Aspire Health Alliance Urgent Line (Quincy, South Shore) at 617.774.6036 or 1.800.528.4890

What is Counseling?

“Counseling is a collaborative effort between the counselor and client. Professional counselors help clients identify goals and potential solutions to problems which cause emotional turmoil; seek to improve communication and coping skills; strengthen self-esteem; and promote behavior change and optimal mental health” (from www.counseling.org).

What to expect at Counseling Services

When calling or coming by to make an appointment for the first time, you will be greeted by our Administrative Assistant and asked to complete a series of forms including: consent forms and intake forms. The purpose of these forms is to give students an understanding of what treatment will look and feel like and for your clinician to have a sense of your current concerns and history of concerns. If you need support in completing these forms, please let our Administrative Assistant know.

At your first appointment, you and your clinician will verbally review the forms you have completed, assess treatment needs, and discuss your goals for treatment.

For more information regarding The Brickley Center and Counseling Services, please call, come by, or check us out on social media!

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