

Checklist for

SOPHOMORES

Continue to explore who you are, possible majors and careers

During your second year at Eastern Nazarene College, Career Services located at the Brickley Center, is a place to continue exploring your interests, majors and possible career fields. Take time to gather information about interesting occupations or opportunities for experience. Sort through the possibilities. Don't know where to start? Let us help you! Gathering information is an important step toward informed decision making for your future. Here are some resources available to you as a sophomore:

◇ **One on One Career Counseling Sessions**

Where are you in the process of exploring? We'll help you gather information and explore your options.

◇ **Assessment Inventories: Narrow down your choices**

We offer a variety of free assessment inventories to help you determine your interests, abilities and personality preferences. Results from these inventories are interpreted by a counselor and used to identify possible career fields.

◇ **“What can I do with a major in?” and “Major to Career Converter” Resources**

These information sheets and websites will give you a broad overview of what you can do with a particular major. We also provide information from the Occupational Outlook Handbook which helps describe occupations, the education requirements, salary expectations and outlook on the job market. Visit this website for more info:
<http://www.bls.gov/oco/>

◇ **Internships**

Connect your education with career related experience through the internship program. Please contact or visit the Brickley Center to speak with Krista Bogertman, Assistant Director of Career Services, about the internship process, forms and available internship sites.

◇ **Career Services Resource Library**

Check out books, magazines and related material to explore occupations and career fields related to specific majors.

◇ **Career Center Website**

For information on our services, upcoming events, career-related resources and more, browse through our website: http://www.enc.edu/org/brickleycenter/career_services.html

◇ **Career Week**

Participate in the annual event—Career Week (the last week in February) with workshops, speakers, and a campus Career and Internship Fair.

Career Services

The Brickley Center

745-3895 or ext. 3895 (alt ext 3892)

krista.bogertman@enc.edu

M-F, 9:00am—5:00pm